



Kong Sao International Open Cup

**Disciplines: Kata, Weapon-kata, Synchron-Kata,
Semi Contact, Kong Sao Mix Kumite**

Kong Sao K1 (full contact) Kong Sao Open Combat (MMA),

**Organizer: Kong Sao Sports and Martial Arts Association in collaboration
with MOSiR Mikolow**

28th October 2017, Mikołów, 1a Bandurskiego Street

Kata disciplines:

Girls

kids: born before 2007-10-27

junior I: born after 2004-10-28 and before 2007-10-27

junior II: born after 2001-10-28 and before 2004-10-27

Women

Student degree, born before 2001-10-27

Master degree, born before 2001-10-27

Boys

kids: born before 2007-10-27

junior I: born after 2004-10-28 and before 2007-10-27

junior II: born after 2001-10-28 and before 2004-10-27

Men

Student degree, born before 2001-10-27

Master degree, born before 2001-10-27

Weapon-kata:

Girls

kids: born before 2007-10-27

junior I: born after 2004-10-28 and before 2007-10-27

junior II: born after 2001-10-28 and before 2004-10-27

Women

Student degree, born before 2001-10-27

Master degree, born before 2001-10-27

Boys

kids: born before 2007-10-27

junior I: born after 2004-10-28 and before 2007-10-27

junior II: born after 2001-10-28 and before 2004-10-27

Men

Student degree, born before 2001-10-27

Master degree, born before 2001-10-27

Synchron-kata:

Synchron-kata for juniors: one age category, no division for male/female, born after 2001-10-28 (one team member can be from higher age category)

Synchron-kata for seniors: no division for male/female, born before 2001-10-27 (one team member can be from different age category)

Semi Contact Fights:

Semi Contact Girls

(for born between 2005-10-28 and 2001-10-27):

-45kg/ -50kg/ -55kg/ -60kg/ +60 kg

Semi Contact Women (born before 2001-10-27 - including):

-55kg/ -60kg/ -65kg/ -70kg/ +70kg

Semi Contact Boys

(for born between 2005-10-28 and 2001-10-27):

-45kg/ -50kg/ -55kg/ -60kg/ +60kg

Semi Contact Men (born before 2001-10-27 - including):

-60kg/ -65kg/ -70kg/ -75kg/ -80kg/ -85kg/ -90kg/ +90kg

Kong Sao Mix Kumite (semi-contact, judo, ground)

Kids (Boys and Girls separately): born before 2005-10-27:

weight categories: -25kg,-30kg,-35kg,-40kg, +40kg

junior (Boys and Girls separately): for born between 2005-10-27 and 2001-10-28:

weight categories: -45kg,-50kg,-55kg,-60kg, -65kg, +65kg

Senior (Men) born before 2001-10-27 – including:

weight categories: -65kg,-70kg,-75kg,-80kg,-85kg, -90kg, +90kg

Senior (Women) born before 2001-10-27 – including:

weight categories: -56kg, +56kg

Kong Sao K1 (full contact):

Only Male. Only Male. Participation only for competitors +18.

7 weight divisions: -60kg, -65kg, -70kg, -76kg, -83kg, -91kg, +91kg.

Kong Sao Open Combat (MMA):

Only Male. Participation only for competitors +18.

7 weight divisions: -60kg, -65kg, -70kg, -76kg, -83kg, -91kg, +91kg.

ALL OF THE TEAMS ARE OBLIGATED TO REGISTER QUALIFIED REFEREES AND COACHES.

Registration rules:

All participants should have valid medical examination, signed by the commissioned doctor. Each competitor should have his own, valid insurance policy (to be verified with the ID card during the weight verification).

Division of competitors in contact fights (MMA and full contact) are performed by coordinating referees responsible for certain discipline. In justified cases, coordinating referees are authorized to shift competitor to higher or lower weight category (keeping in mind weight tolerance of +/- 0.6kg)

Registration deadline: 14th October 2017

Registration only on the official form, send to the e-mail: sylwekcz@vp.pl

REGISTRATION FEES:

| | |
|---|---|
| Individual categories: | first 70 PLN, each next 30 PLN |
| Kong Sao members with valid licence: | first individual 50 PLN, each next 25 PLN |
| Team categories: | synchron-kata: 120 PLN per team |
| Kong Sao member with valid licence: | synchron-kata: 90 PLN per team |

Registration during the competitions will not be possible.

Sum of all the fees should be sent by coach to the official account number:

Account:

Association data: Stowarzyszenie Sportów i Sztuk Walki Kong-Sao, 43-190 Mikołów, ul. Górnicza 3/1

Account number: 32 1050 1634 1000 0023 1323 9580

Rules: General Kong Sao fights and kata rules

Web Page: www.kongsao.pl

Prices: Places from 1st to 3rd – medal and diploma, diploma of participation for all competitors. Cup for the best male and female competitor.

COMPETITION SCHEDULE:

Training session for rules clarification for all referees and coaches:

Friday, 27th October 2017, 17:00 ul. Bandurskiego 1A, gym

SATURDAY:

Official Opening: 9:00, ul. Bandurskiego 1A, gym

disciplines: kata, weapon-kata, synchron-kata, semi contact for juniors only, Kong Sao Mix Kumite; Kong Sao K1 (full contact), Kong Sao Open Combat (MMA).

Registration of competitors and weight:

Friday, 27th October 2017, between: 17:00 – 18:00, ul. Bandurskiego 1A during the training session for coaches and referees;

Saturday, 28th October 2017, between: 7:30 – 8:30 ul. Bandurskiego 1A

Coordination: Sylwester Czarnota

Referee board:

Adam Noras – Kata Disciplines,

Michał Lubos – Semi-Contact,

Krzysztof Pobożniak – Kong Sao Open Combat (MMA),

Maciej Beczała - Kong Sao Mix Kumite,

Piotr Lubos – Main Referee.

BANQUET FOR INVITED GUESTS: Saturday, 28th October 2017, 20.00

Accommodation:

Advised airports: Katowice Pyrzowice (around: 70km), Kraków Balice (around: 80km).

From advised airports we can help with transport organization (Pick up at the airport and drive you to hotel – after previous arrangement)

Hotels:

Zajazd Patio, ul. Kościuszki 352 , 40-690 Katowice, tel: 32 202 95 56, fax: 32 202 95 58

Motel "A & P", ul. Jasna 1, 43-190 Mikołów, tel. 32 226 04 50

HOTEL PiK , ul. Młyńska 5, 43-190 Mikołów, tel.+48 32 32 32 800, fax +48 32 32 32 801, e-mail: repcja@hotelpik.pl

Hotel Łaziska, ul. Moniuszki 15, Łaziska Górne, e-mail: hotelaziska@wp.pl tel. 32 738-92-25,

Zajazd Pod Kasztanem, ul. Dąbrowszczaków, Wiry, śląskie, tel. 069 830-49-30

Hotel Ristorant Moccadoro, tel 32 738 11 12, www.moccadoro.pl

Hotel i Restauracja Sjesta, 43-190 Mikołów, ul. Gliwicka 158 A, www.sjestahotel.pl tel 32 226 78 72, e-mail repcja@sjestahotel.pl

Hotel Agro , Mikołów ul. Gliwicka 85, tel. 0048 32 2261492, www.podwiatrakciem.e-meteor.pl

If you will have any problems with accommodation, do not hesitate to contact by the e-mail address:
sylwekcz@vp.pl